

FSD 145 RAP & Alt. HS Lunch Menu



Lunch Boxes:

WEEK ONE & WEEK THREE: Fall Box

Pumpkin Bread served with Vanilla Yogurt, Strawberry Craisins, Mozzarella Cheese Stick, Fruit of the Day and Baby Carrots with Ranch

WEEK TWO & WEEK FOUR: Muffin Box

Chocolate Chip Muffin served with Strawberry Go-Gurt, Mozzarella Cheese Stick, Fruit of the Day and Celery Sticks with Ranch

Subs:

WEEK ONE & WEEK THREE: Ham & Cheese Sub
Ham & Cheese Sub topped with shredded romaine and sliced tomatoes. Served with the Fruit of the Day and Baby Carrots with Ranch

WEEK TWO & WEEK FOUR: Italian Sub
Italian Sub (Pork) topped with shredded romaine, sliced tomatoes and banana peppers. Served with the Fruit of the Day and Celery Sticks with Ranch

WEEK 1	WEEK 2	WEEK 3	WEEK 4
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X	NO SCHOOL	/	NO LUNCH SERVICE
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	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	Entree: Tomato Soup Cheese Bosco Sticks Or: *Daily Pizza * Ham & Cheese Sub	Entree: (Beef) Walking Taco Baby Carrots & Ranch Or: *Daily Pizza * Ham & Cheese Sub	Entree: Spicy Chicken Tenders Baked Beans Or: *Daily Pizza * Ham & Cheese Sub	Entree: BBQ Chicken Drumstick WG Cornbread Or: *Daily Pizza * Ham & Cheese Sub	Entree: Sweet & Sour Chicken Fried Rice / Egg Roll Or: *Daily Pizza * Ham & Cheese Sub
WEEK 2	Entree: WG Cheese Pizza Side Salad w/ Ranch Or: *Daily Pizza * Italian Sub	Entree: Mashed Potato Taco Bowl (Beef) Or: *Daily Pizza * Italian Sub	Entree: Waffle Bacon Cheeseburger (Pork) Or: *Daily Pizza * Italian Sub	Entree: Chicken Alfredo Cheese Bosco Stick Or: *Daily Pizza * Italian Sub	Entree: (Beef) Pot Roast Bowl WG Dinner Roll Or: *Daily Pizza * Italian Sub
WEEK 3	Entree: Pancakes (Pork) Sausage Or: *Daily Pizza * Ham & Cheese Sub	Entree: (Pork) Walking Nachos Or: *Daily Pizza * Ham & Cheese Sub	Entree: BBQ Rib Sandwich Or: *Daily Pizza * Ham & Cheese Sub	Entree: Popcorn Chicken Bowl Or: *Daily Pizza * Ham & Cheese Sub	Entree: (Beef) Tater Tot Casserole Or: *Daily Pizza * Ham & Cheese Sub
WEEK 4	Entree: (Beef) Hot Dog Chips Or: *Daily Pizza * Italian Sub	Entree: (Beef) Soft Shell Tacos Or: *Daily Pizza * Italian Sub	Entree: Chicken Sandwich Or: *Daily Pizza * Italian Sub	Entree: Chicken & Waffles Or: *Daily Pizza * Italian Sub	Entree: Chicken Drumsticks Or: * Daily Pizza * Italian Sub
WEEK 5	No School Memorial Day	Entree: (Beef) Walking Taco Baby Carrots & Ranch Orange Wedges Or Daily Pizza	Entree: (Beef) Hot Dog Bag of Chips Baked Beans Fresh Fruit Or Daily Pizza	Entree: Pancakes (Pork) Sausage Strawberries Applesauce Or Daily Pizza	Entree: Cheeseburger (Beef) French Fries Watermelon Or Ice Cream Cup Or Daily Pizza

May 2024				
M	T	W	TR	F
		X	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
X	28	29	30	31